

### Angela Lamprianidou

is a graduated Choreographer  
(Institut del Teatre, Barcelona).

#### She worked with:

Carol Brown, Santiago Sampere,  
Tomeu Verges, Uwe Heim, Mathias Ramb,  
Alexandra Rauh, Philip Adams,  
Michelle Swennen, Mirinda Pennel.  
She won the award "ard dansa mes aprop"  
2009 in Barcelona.

#### She showed her work at:

"Mercat de les Flors", Barcelona,  
"Pfalzbaum Theater" Germany,  
"Arena festival", Germany,  
"OUTNOW! -Festival" Germany ,  
"Antic Teatre", Barcelona,  
"Teatre Nacional de Catalunya", Barcelona.

#### She says:

"Put on your flip flops baby  
and move to lolipop!"

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Angeliki Brillante  
Lamprianidou  
Workshopangebot



I am  
Angela

I dance  
like I want to

Do you also want to dance  
like You really want to  
then I am right for You.

P.s.: On my web site [www.lamprianidou.com](http://www.lamprianidou.com)  
you can visit many other performances...

All the best, hoping to hear from you soon!  
Merci,  
Angela Lamprianidou

I would like to introduce to you 2 workshops  
I developed. I´d be happy to hold one of them or the  
even two!

**Workshop 1** for composition and improvisation for  
dancers or any other artists.(Sculptors, painters ,  
photographers etc.)

**Workshop 2** is an audition workshop for dancers.  
The workshops should have a duration of 3-5 days  
with 3-4 hours a day.

Weekend courses might be possible, too.

### Workshop 1: "Creativity booster"

The workshop will have a practical and a teoretical  
part.

It will basically awake the creativity of each person by  
working on basic themes:

I have realized that people are having big problems to  
create...Creation means to me LIFE, if you´re loosing  
life you are loosing yourself.

The Workshop can be held for dancers , or and for  
artist who want to expand their creative experiences,  
by usig his/her bodies.

The course will consist of a basic warm up, yoga  
release floor work,

an improvisation part, and a part where each person  
can create her /his own small piece.

Each one will perform his own piece and we´ll talk  
abouteach one. We´ll find out what was going on  
inside and outside, if there occurred any problems and  
how we might solve them.

Skills of the work shop will be:

Rhythm, space, duration, time, real time.

People should bring objects with them and different  
clothes for the staging part.

### Workshop 2: "CIA" Composition and Improvisation for Auditions.

In this work shop, dancers who go to auditions, are  
trained to face the real world of contemporary  
auditions.

I will lead the work shop in different outfits, to inspire  
the participants.

In this work shop I will ask the participants to prove the  
usual skills a choreographer expects from you during a  
contemporary audition:

"You have 5 minutes, do what you want" or "take this  
fragment, change it , you have 30minutes time" "make  
an improvisation about space" , "work just with  
your presence" ...

After each showing we will talk about if and whether  
the performance worked or not!

The dancers will learn to argue and defend his/her  
performance, and to be open to critics.